
UBISOFT
SAFE IN OUR WORLD
PARENTS' GUIDE FOR YOUNG PLAYERS

WHAT IS THIS GUIDE?

This document is your trusted resource to help your child **enjoy video games safely** and **mindfully**, while improving real-world skills like problem-solving, teamwork, and emotional resilience.

Whether your child is a casual player or a passionate gamer, this guide will help you create a **balanced, joyful gaming experience** for your child that supports their development and strengthens your connection.

This document offers guidance on gaming to help you assess the risks for your child.

If you want to learn more about how Ubisoft protects younger players, visit **the dedicated page on our website.**

HOW TO CREATE MEANINGFUL AND SAFE GAMING SPACES WITH YOUR CHILD

Create a good foundation to move forward with discussing online safety.

Engage positively

Play with your child and let them teach you how to play their favorite game.

Understand their world

When you take part and show interest, it becomes easier to set boundaries (like time limits) and creates a trusting environment.

Create a safe empathetic space

Participating in what they love shows your interest and allows them to share both experiences and problems with you.

RISKS TO BE AWARE OF

Like any hobby, video games (especially online games) come with **potential risks** parents should be aware of:

- Exposure to inappropriate content
- Privacy risks
- Toxicity
- Unhealthy engagement

You'll find more details and **tips on managing these risks** later in this guide.

CHOOSE THE RIGHT GAME

Games aren't one-size-fits-all. What's fun for 12-year-olds might be too much for an 8-year-old. Age ratings like PEGI or ESRB can help, but they're just the **starting point**.

Use age rating as a guide.

- Check labels for violence, language, social features, or in-game purchases.
- Visit **PEGI** or **ESRB** to understand symbols and read content details.
- Use **Common Sense Media** for kid-focused reviews covering themes, role models and more.

Play together first.

- Ask: "Does this feel okay for you?" or "Is anything confusing or scary?"

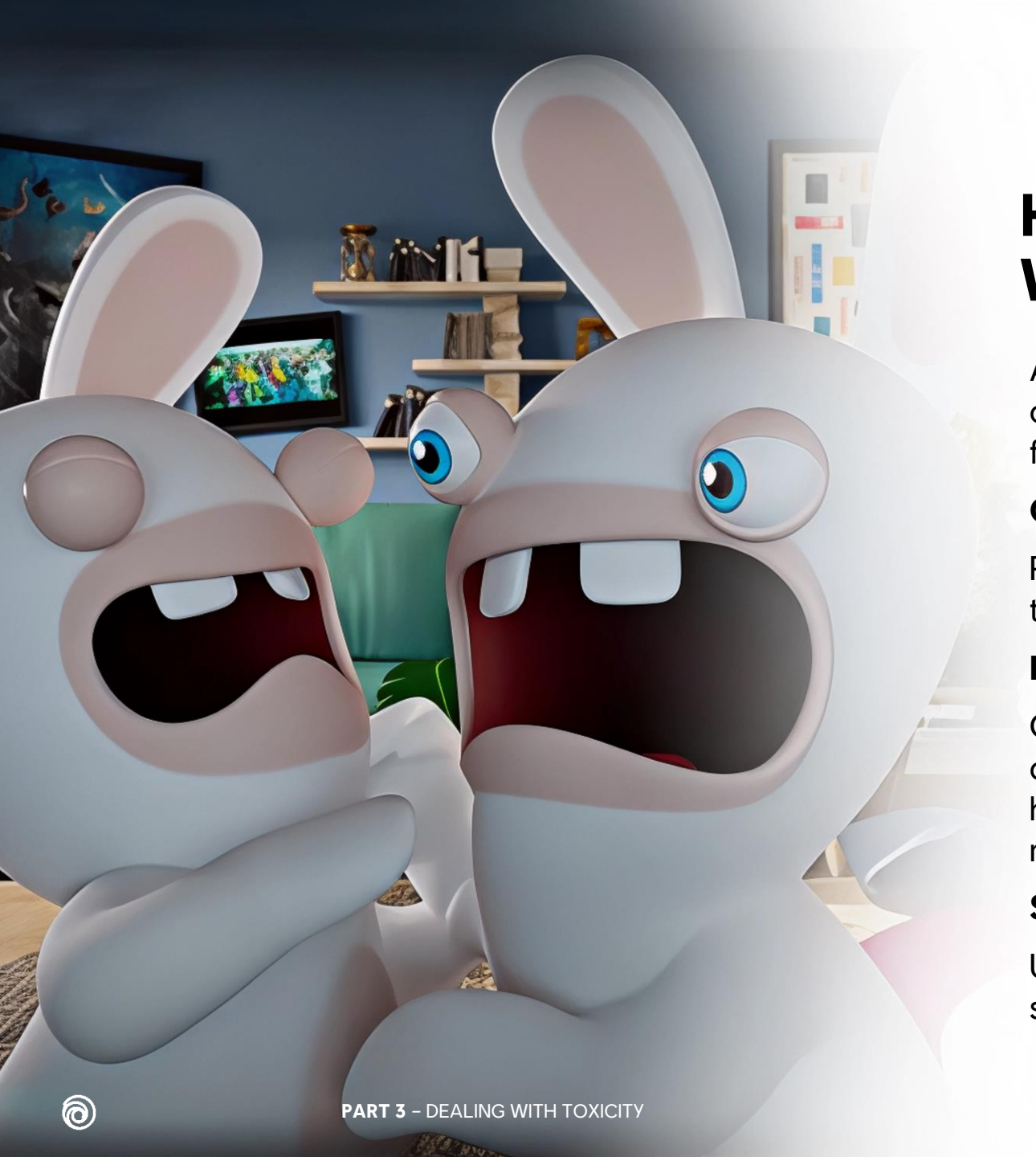
MAKE SURE YOUR CHILD IS SAFE

1. Explore the game's social features.
Multiplayer games can have a range of social features to enable communication between players. It's important to check for each game that these features are safe and appropriate for your child (check **Common Sense Media** for more).

2. Review account settings.
Help your child make safe decisions when getting started:

- Avoid personal information in their **Username**
- Use **Chat Settings** to monitor or restrict their use of voice or text chat
- Limit who can see their profile in **Profile Settings**
- Monitor who they add in **Friend Requests**
- Many games offer **Parental Controls**. Learn more about Ubisoft parental controls **here**.

3. Teach safety tools.
Teach your child how to stay safe by using in-game tools like mute, block, and report. Look up how these work in their game and practice together!



HELP YOUR CHILD DEAL WITH TOXICITY

Any platform that includes social features (like video games) can lead to your child being exposed to toxicity or negativity from other players.

Offer support.

Remind your child that whatever happens offline or online, they can always count on you to protect and support them.

Empower them with in-game safety tools.

Games often include built-in features like mute, block, report, and chat settings to help players protect themselves. Learn how to use these tools and teach your child so they can manage their own safety while playing.

Stay involved and informed.

Use platform features like parental controls, and privacy settings to stay aware of your child's gaming environment.

HELP YOUR CHILD SPOT RED FLAGS IN ONLINE CHATS

Ask them: "If you saw this message while playing, would it feel safe, toxic, or dangerous?"

"Gonna ult cover me" – **SAFE**
Often players need to cooperate to win.

"Uninstall" – **TOXIC**
Frustration can lead to unkind words. Teach your child to mute or block toxic players and talk to you if needed.

"I'm 10, and you?" – **DANGEROUS**
Sharing personal info like age is never safe. Privacy protects your child.

"R U from the US?" – **COULD BE DANGEROUS**
Even casual questions can lead to oversharing. Suggest them to keep the discussions game-related.

"Do you have [social media account]?" – **DANGEROUS**
The safest way to chat is in public in-game spaces. Remind your child to avoid private chats with strangers.

HELP YOUR CHILD BECOME SOMEONE THEY WOULD WANT TO PLAY WITH

Talk about emotions and frustration.
Help your child to name their feelings and learn ways to cool down: like taking a break, breathing deeply, or stepping away from the screen.

Help develop empathy through discussion.
Ask: "How would you feel if someone said that to you?" or "What could you say instead?". These small moments help building big emotional skills.

Teach respect.
Help your child understand that everyone deserves to have fun time playing, no matter how they look, speak, where they are from.

FOSTER HEALTHY ENGAGEMENT

While monitoring playtime is helpful, what matters most is how gaming supports your child's overall development: socially, emotionally and academically.

Notice when playing games fills a gap

Watch for signs like mood changes or **loss of interest in other favorite activities**. These may reflect unmet needs, such as feeling connected or accomplished. Encourage other activities that help meet those needs in meaningful ways (sports, board games...)

Create healthy routines

Agree together on when gaming fits into your child's day. **Research tools to monitor playtime** and support balance: less during school weeks, more on weekends and holidays, not before sleep.

Teach self-regulation

Teach your child to be aware of how playing games affects their mood. **Talk about these patterns** and **encourage** taking a break or choosing other activities when they're tired, angry or frustrated.

USEFUL RESOURCES: RECOGNIZE UNHEALTHY ENGAGEMENT

HOW TO PREVENT UNPLANNED SPENDING

Many games offer players content that is only accessible after purchase (like in-game currency or skins and emotes to customize characters). Children may accidentally or impulsively spend real money.

Set a limit.
Research how you can disable or limit purchases on your child's platform. Some platforms allow to limit monthly spendings, making it only possible to spend allowed money.

Communicate the value of money.
Explain how you earn money, discuss the differences between "needs" and "wants".

Find opportunities to practice budgeting.
If you feel like your child is ready, this is an opportunity to teach them about budgeting.

THANK YOU FOR READING!

We hope this guide has offered you practical tips and meaningful insights to support your child with confidence and care.

Every child is unique, **and your empathy, curiosity, and presence are the most powerful tools you have**. By staying engaged and open, you'll not only help your child navigate potential risks but also build a deeper, lasting connection.

On the next page, you'll find **the Family Agreement**, a simple yet powerful way to reinforce what you've learned about balance, safety, and positivity. Print it out, sign it together, and place it somewhere visible. It will serve as a daily reminder of your shared commitment to enjoying video games - safely and responsibly!

FAMILY AND GAMING AGREEMENT

We, _____ (Gamer) and _____ (Parent/Guardian) have talked about the importance of staying safe while playing video games.

For the parent/guardian to:

- ✓ Be curious and supportive
- ✓ Listen without judgment
- ✓ Configure games privacy settings and parental controls to make sure young player is safe
- ✓ Have regular empathetic conversations about balance and safety rules

For the young player to:

- ✓ Follow safety rules
- ✓ Take breaks and balance screen time with other activities
- ✓ Ask before buying anything online
- ✓ Treat rivals and teammates with respect and kindness
- ✓ Speak up if someone or something makes them feel uncomfortable

Add your own ideas or commitments here:

_____